



RED MULLET (GOATFISH)

INDIV. VACUUM PACKED, WHOLE & GUTTED



Species: Mullus barbatus

AKA: Goatfish, Rouget Barbet

Brand: NETUNO

Form: Individually Vacuum Packed, Whole & Guttet

Origin: India

Certifications: BRC

Method of Capture: Wild Caught

Allergens: Contains Fish

Ingredients: Red Mullet

Cooking Methods: Baking, Broiling, Flat Top, Frying, Grilling, Sautee, Soups

Use Instructions: Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish. Cook to a minimum internal temperature of 145°F (63°C).

Storage: Keep frozen at -18°C or colder

Shelf Life: 24 Months

Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.

Packaging Material: Corrugated Cardboard (Outer), PE Clear Bag (Inner)

Pack: Individually Vacuum Packed, 10lb Corrugated Case

Dimensions: L 14.57" x W 11.42" x H 3.54"

Ti x Hi: 9x16

Microbiological Criteria: Microbiological standards comply with US FDA Fish and Fishery Products Hazards and Control Guidance, Chapter 12-18, June 2022 and with Netuno USA internal criteria.

Contaminant Criteria: Chemical standards comply with US FDA Fish and Fishery Products Hazards and Control Guidance, Chapter 6-11, June 2022 and with Netuno USA internal criteria.

FULLY CLEANED & READY TO COOK

Seasonality



Texture



Flavor



Nutrition Facts

Serving size	(113g)
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 65mg	22%
Sodium 60mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 22g	44%
Vitamin D 0mcg	0%
Calcium 10.2mg	0%
Iron 0.35mg	2%
Potassium 12.7mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Netuno Item #	Unit Size	Case Size	Avg. Units per Case	GTIN	UPC
103041	1/4-1/2lb	10lb	26	10850077800112	850077800115
102258	1/2-3/4lb	10lb	16	10850025248904	850025248907
102259	3/4-1lb	10lb	12	10850025248911	850025248914
102260	1-2lb	10lb	8	10850025248928	850025248921