NETUNO

QUALITY | CONSISTENCY | SUSTAINABILITY

DNA TESTED

GROUPER FILLET

INDIV. VACUUM PACKED, SKIN ON & BONELESS, BUTTERFLY CUT

Product:

AKA/ Species: Epinephelus spp
Brand: NETUNO
Form: Frozen, Butterfly Cut, Skin On, Boneless and Belly Trimmed
Origin: India
Allergens: Contains Fish
Ingredients: Grouper
Method of Capture: Hook and Line, Wild Caught
Flavor Graph: Mild **Medium** Full Flavored
Texture Graph: Delicate **Medium** Firm
Suggested Cooking Methods: **Baking** **Broiling** **Ceviche** **Flat Top** **Frying** **Grilling** Sashimi **Sautee** **Soups**
Seasonality: **Jan** **Feb** **Mar** **Apr** **May** Jun Jul **Aug** **Sep** **Oct** **Nov** **Dec**
Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
Thawing Instructions: Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish.
Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.
Pack: Individually Vacuum Packed, 8lb Corrugated Case
Box Dimensions: L 12.2" x W 15.7" x H 4.15" **Ti x Hi:** 9x16

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	GTIN Number	UPC Number
102707	4-6oz	8lb	25	10850070271049	850070271042
102708	6-8oz	8lb	18	10850070271056	850070271059

Nutrition Facts

Serving size	(113g)
Amount Per Serving	
Calories	**80**
	% Daily Value*
Total Fat 1g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 280mg	**12%**
Total Carbohydrate 2g	**1%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes 0g Added Sugars	**0%**
Protein 17g	**34%**
Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 0.18mg	0%
Potassium 329mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

FISHERY IMPROVEMENT PROJECT — FIP — SUPPORTED BY NETUNO

American Culinary Federation — The Standard of Excellence for Chefs

GS1 US — THE GLOBAL LANGUAGE OF BUSINESS

Packed in a HACCP certified and BRC approved plant — BRC Certification Body

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