



FARMED IN HIGH SALINITY WATER, ON A SARDINE DIET FOR CLEAN NATURAL FLAVOR.

Product:

BARRAMUNDI FILLET RETAIL

INDIV. VACUUM PACKED, 12x12oz SKINLESS & BONELESS

AKA/ Species:

Asian Sea Bass / Lates calcarifer

Form:

Frozen, Skinless, Boneless & Well Trimmed

Origin:

Vietnam

Allergens:

Contains Fish

Ingredients:

Barramundi

Method of Capture:

Farm Raised

Flavor Graph:

Mild Medium Full Flavored

Texture Graph:

Delicate **Medium** Firm

Suggested Cooking Methods:

Baking Broiling Ceviche Flat Top Frying Grilling Papillote Sashimi Sautee Soups

Seasonality:

Jan Feb **Mar Apr May Jun Jul Aug Sep Oct Nov Dec**

Storage:

Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months

Thawing Instructions:

Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave fish soaking in water, it will affect the flavor and texture of the fish.

Thawed Storing Tips:

Keep Refrigerated, use within 24 hours for best results.

Pack:

Individually Vacuum Packed, 12x12oz Bag, 9lb Corrugated Case

Box Dimensions:

L 11.4" x W 14.6" x H 5.15"

Ti x Hi: 10x9

Bag Dimensions:

L 3.95" x W 7.5" x H 13.2"

NETUNO Item #	Fillet Size	Case Size	No. of Fillets per 12oz Bag	Master GTIN	Master UPC
102300	3-5oz	9lb	3-4	10850000077352	850000077355



Nutrition Facts	
Serving size	(113g)
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 1.3g	7%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 45mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 22g	44%
Vitamin D 10mcg	50%
Calcium 13mg	0%
Iron 0mg	0%
Potassium 376mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.