

Grouper Butterflied Fillet

*The Versatile
Value Cut*

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This **butterflied, skin-on grouper fillet** is a great choice for many dishes with a firm, moist, white meat that has a mild, distinct flavor and offers excellent plate coverage. Perfect for **fish baskets, blackening and pan-searing applications.**

Using this butterfly cut can also help you save more than half the cost of traditional grouper fillets.



Traditional Caribbean "Pan con Minuta" Sandwich

A popular application for the 4-6oz. fillet is the "pan con minuta" sandwich which originated in the Caribbean that is made of a combination on a roll usually incorporating a tartar sauce, chopped veggies and most importantly the fried butterfly tail that sticks out.