



Product:

DORADE WHOLE

WHOLE, GILLED, GUTTED & SCALED

AKA/ Species:	Sea Bream, Orata (Italian), Daurade (French), Dorada (Spanish), Dourade, Royal Dorade, Gilt Head Bream/Sparus Aurata
Form:	Frozen, Gilled, Gutted, & Scaled
Origin:	Turkey
Allergens:	Contains Fish
Ingredients:	Sea Bream
Method of Capture:	Farm Raised/ASC Certified Sustainable
Flavor Graph:	Mild Medium Full Flavored
Texture Graph:	Delicate Medium Firm
Suggested Cooking Methods:	Baking Broiling Ceviche Flat Top Frying Grilling Papillote Sashimi Sautee Soups
Seasonality:	Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec
Storage:	Keep Frozen at -18C or Colder Shelf Life (frozen): 24 months
Thawing Instructions:	Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave fish soaking in water, it will affect the flavor and texture of the fish.
Thawed Storing Tips:	Keep Refrigerated, use within 24 hours for best results.
Pack:	Individually Bagged 10lb Corrugated Case
Box Dimensions:	L 11.4" x W 16.5" H 3.94" Ti x Hi: 9x15

NETUNO Item #	Fish Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
102646	.75-1lb	10lb	10	10850054812831	850054812834
102647	1-1.5lb	10lb	6	10850054812848	850054812841



Packed in a HACCP certified and BRC approved plant.



Nutrition Facts	
Serving size	4 oz. (113g)
Amount Per Serving	
Calories	160
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2.3g	12%
Trans Fat 0g	
Cholesterol 100mg	33%
Sodium 85mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 19g	38%
Vitamin D 0mcg	0%
Calcium 250mg	20%
Iron 0.8mg	4%
Potassium 302mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

