



Product:

MUSSELS

FROZEN HALF SHELL, COOKED, 8-10CM, 10x1LB

AKA/ Species:

Blue Mussels/Mytilus Edulis

Brand:

NETUNO

Form:

Frozen, Cooked, Half Shell Mussel

Origin:

China

Allergens:

Contains Shellfish / Mollusks

Ingredients:

Mussels

Method of Capture:

Deep Sea Farm-Raised

Flavor Graph:

Mild **Medium** Full Flavored

Texture Graph:

Delicate Medium **Firm**

Suggested Cooking Methods:

Baking Broiling Ceviche Flat Top Frying Grilling **Papillote** Sashimi **Sautee Soups**

Seasonality:

Jan Feb Mar Apr May **Jun Jul Aug Sep Oct Nov Dec**

Storage:

Keep Frozen at -18C or Colder

Shelf Life (frozen): 24 months

Thawing Instructions:

Keep frozen until ready to use, simply add frozen clams and juice to your recipe.

Thawed Storing Tips:

n/a

Pack:

10x1lb Clear Bag, 10lb Corrugated Case

Dimensions:

L 12.9" x W 15.75" H 3.74" Ti x Hi: 9x15

**NATURAL DEEP-SEA FARMING.
NO FEED.**

NETUNO Item #	Size	Case Size	Master GTIN	Bag UPC
102779	8-10cm	10lb	10850070271117	850070271110



Nutrition Facts			
Serving Size 4 oz (113g)			
Servings Per Container varies			
Amount Per Serving			
Calories	195	% Daily Value**	
			7%
Total Fat	5.1 g		7%
Saturated Fat	0.9g		5%
Cholesterol	64 mg		21%
Sodium	419 mg		18%
Potassium	304 mg		6%
Total Carbohydrate	8 g		3%
Dietary Fiber	0g		0%
Protein	27 g		54%
Vitamin C	25%	Calcium	3%
Iron	41%	Vitamin D	0%
Vitamin B6	7%	Cobalamin	453%
Magnesium	9%		9%