



Product: **HAMACHI PORTION**
INDIV. VACUUM PACKED, SKINLESS & BONELESS

AKA/ Species: Amberjack/Seriola quinqueradiata
Brand: NETUNO
Form: Frozen, Natural Cut, Skinless, Boneless and Belly Trimmed
Origin: Vietnam
Allergens: Contains Fish
Ingredients: Hamachi
Method of Capture: Farmed
Flavor Graph: Mild **Medium** Full Flavored
Texture Graph: Delicate Medium **Firm**
Suggested Cooking Methods: **Baking Broiling Cevice Flat Top Frying Grilling Sashimi Sautee Soups**
Seasonality: **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**
Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
Thawing Instructions: Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish.
Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.
Pack: Individually Vacuum Packed, 10lb Corrugated Case
Box Dimensions: L 11.4" x W 16.5" H 3.94" **Ti x Hi:** 9x15

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	GTIN Number	UPC Number
102630	4oz	10lb	40	10850054812770	850054812773
102633	6oz	10lb	26	10850054812787	850054812780
102634	8oz	10lb	20	10850054812794	850054812797

Nutrition Facts

Serving size 4 oz (113g)	
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 1.45g	7%
Trans Fat 0g	
Polyunsaturated Fat 1.99g	
Monounsaturated Fat 2.25g	
Cholesterol 60mg	20%
Sodium 45mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 26g	52%
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 0.55mg	4%
Potassium 475mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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Packed in a HACCP certified and BRC approved plant.

