



**MSC CERTIFIED OR PART OF A FISHERY IMPROVEMENT PROJECT**

**Product:** **TUNA STEAK**  
**IVP, SKINLESS & BONELESS**

**AKA/ Species:** Ahi Tuna/Yellowfin Tuna/Thunnus albacares  
**Form:** Once Frozen, Skinless, Boneless & Well Trimmed  
**Origin/ Ocean:** Indonesia  
**Allergens:** Contains Fish  
**Ingredients:** Yellowfin Tuna, Filtered Smoke or CO treated and/or Citric Acid for Color Retention  
**Method of Capture:** Hook & Line / Wild Caught  
**Flavor Graph:** Mild **Medium** Full Flavored  
**Texture Graph:** Delicate **Medium** Firm  
**Suggested Cooking Methods:** Baking Broiling **Ceviche Flat Top** Frying **Grilling** Papillote **Sashimi** Sautee Soups  
**Seasonality:** **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**  
**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months  
**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish.  
**Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.  
**Pack:** Individually Vacuum Packed, 10lb Corrugated Case  
**Box Dimensions:** L 10.43" x W 13.78" H 4.72" **Ti x Hi:**

NETUNO Item #	Portion Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
102486	4oz	10lb	40	10850054812015	850054812018
102487	6oz	10lb	26	10850054812022	850054812025
102488	8oz	10lb	20	10850054812039	850054812032
102489	10oz	10lb	16	10850054812046	850054812049

Nutrition Facts	
Serving size	4 oz (113 g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 90mg	<b>4%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 3g	<b>9%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 28g	
Vitamin D 0.4mcg	0%
Calcium 0mg	0%
Iron 0.8mg	4%
Potassium 470mg	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

