



**Product:** **HAMACHI PORTION**  
**INDIV. VACUUM PACKED, SKINLESS & BONELESS**

**AKA/ Species:** Amberjack/Seriola quinqueradiata  
**Brand:** NETUNO  
**Form:** Frozen, Natural Cut, Skinless, Boneless and Belly Trimmed  
**Origin:** Vietnam  
**Allergens:** Contains Fish  
**Ingredients:** Hamachi  
**Method of Capture:** Farmed  
**Flavor Graph:** Mild **Medium** Full Flavored  
**Texture Graph:** Delicate Medium **Firm**  
**Suggested Cooking Methods:** **Baking Broiling Cevice Flat Top Frying Grilling Sashimi Sautee Soups**  
**Seasonality:** **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**  
**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months  
**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish.  
**Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.  
**Pack:** Individually Vacuum Packed, 10lb Corrugated Case  
**Box Dimensions:** L 11.4" x W 16.5" H 3.94" **Ti x Hi:** 9x15

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	GTIN Number	UPC Number
102630	4oz	10lb	40	10850054812770	850054812773
102633	6oz	10lb	26	10850054812787	850054812780
102634	8oz	10lb	20	10850054812794	850054812797

## Nutrition Facts

Serving size	4 oz (113g)
Amount Per Serving	
<b>Calories</b>	<b>160</b>
	% Daily Value*
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 1.45g	7%
Trans Fat 0g	
Polyunsaturated Fat 1.99g	
Monounsaturated Fat 2.25g	
<b>Cholesterol</b> 60mg	<b>20%</b>
<b>Sodium</b> 45mg	<b>2%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 26g	<b>52%</b>
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 0.55mg	4%
Potassium 475mg	10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

