



**Product:** **SEA BREAM/DORADE FILLET**  
**INDIV. VACUUM PACKED, SKIN ON & BONELESS**

**AKA/ Species:** Orata, Daurade, Dourade, Royal Dorade, Dorada, Gilt Head Bream/Sparus Aurata  
**Form:** Frozen, Skin On, Boneless & Well Trimmed  
**Origin:** Turkey  
**Allergens:** Contains Fish  
**Ingredients:** Sea Bream  
**Method of Capture:** Farm Raised/ASC Certified Sustainable  
**Flavor Graph:** **Mild** Medium Full Flavored  
**Texture Graph:** Delicate **Medium** Firm  
**Suggested Cooking Methods:** **Baking Broiling Cevice Flat Top Frying Grilling Papillote Sashimi Sautee Soups**  
**Seasonality:** Jan Feb **Mar Apr May Jun Jul Aug Sep Oct Nov Dec**  
**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months  
**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave fish soaking in water, it will affect the flavor and texture of the fish.  
**Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.  
**Pack:** Individually Vacuum Packed, 10lb Corrugated Case  
**Box Dimensions:** L 11.4" x W 16.5" H 3.94" **Ti x Hi:** 9x15

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
102626	5-6oz	10lb	26	10850054812763	850054812766



Packed in a HACCP certified and BRC approved plant.



<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz. (113g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>160</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 2.3g	<b>12%</b>
Trans Fat 0g	
<b>Cholesterol</b> 100mg	<b>33%</b>
<b>Sodium</b> 85mg	<b>4%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 19g	<b>38%</b>
Vitamin D 0mcg	<b>0%</b>
Calcium 26mg	<b>2%</b>
Iron 0.8mg	<b>4%</b>
Potassium 302mg	<b>6%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

