



**PREMIUM QUALITY, FULLY PROCESSED AND SUPER FROZEN 2 HOURS FROM BEING HARVESTED. CERTIFIED SUSTAINABLE.**

**Product:** **WHOLE BRANZINO**  
**INDIV. BAGGED, GILLED, GUTTED & SCALED**

**AKA/ Species:** Branzini, Mediterranean Sea Bass/*Dicentrarchus labrax*  
**Form:** Frozen Whole, Gilled, Gutted and Scaled  
**Origin:** Turkey  
**Allergens:** Contains Fish  
**Ingredients:** Sea Bass  
**Method of Capture:** Farm Raised  
**Processed:** Frozen Whole, Gilled, Gutted, Scaled and Flash Frozen at Source  
**Flavor Graph:** Mild **Medium** Full Flavored  
**Texture Graph:** Delicate **Medium** Firm  
**Suggested Cooking Methods:** **Baking Broiling Ceviche Flat Top Frying Grilling Papillote Sashimi Sautee Soups**  
**Seasonality:** **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**  
**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months  
**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect flavor and texture of fish. Keep Refrigerated, use within 24 hours for best results.  
**Thawed Storing Tips:**  
**Pack:** Individually Bagged, 10lb Corrugated Case  
**Box Dimensions:** L 12" x W 15" x H 3.95" **Ti x Hi:** 10x15

NETUNO Item #	Fish Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
101840	3/4-1lb	10lb	12	10857907007048	857907007041
101841	1-1.5lb	10lb	8	10857907007055	857907007058
102223	1.5-2lb	10lb	6	10857428006940	857428006943



<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz. (113g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>160</b>
% Daily Value*	
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 480mg	<b>21%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 23g	<b>46%</b>
Vitamin D 12.8mcg	<b>60%</b>
Calcium 250mg	<b>20%</b>
Iron 0.2mg	<b>2%</b>
Potassium 188mg	<b>4%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.