



Product:

SIERRA FILLET

INDIV. VACUUM PACKED, SKINLESS & BONELESS

- AKA/ Species:** Spanish Mackerel/Scomberomorus brasiliensis
- Brand:** NETUNO
- Form:** Frozen, Skinless, Boneless & Well Trimmed
- Origin:** Brazil
- Allergens:** Contains Fish
- Ingredients:** Mackerel
- Method of Capture:** Hook & Line / Wild Caught
- Flavor Graph:** Mild Medium **Full Flavored**
- Texture Graph:** Delicate **Medium** Firm
- Suggested Cooking Methods:** **Baking Broiling** Ceviche **Flat Top Frying Grilling** Sashimi **Sautee Soups**
- Seasonality:** **Jan Feb Mar Apr May** Jun Jul Aug Sep Oct Nov Dec
- Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
- Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish.
- Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.
- Pack:** Individually Vacuum Packed, 10lb. Corrugated Case
- Box Dimensions:** L 11.4 x W 16.5 x H 3.94 **Ti x Hi:** 9x16

100% NATURAL. WILD CAUGHT.

NETUNO Item #	Fish Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
102524	6-8oz	10lb	20	10850054812305	850054812308
102525	8-10oz	10lb	14	10850054812312	850054812315



Nutrition Facts	
Serving size	(113g)
Amount Per Serving	
Calories	160
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 85mg	29%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 22g	44%
Vitamin D 8mcg	40%
Calcium 12mg	0%
Iron 0.5mg	2%
Potassium 504mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

