



Product: **TRIPLETAIL FILLET**
INDIV. VACUUM PACKED, SKINLESS & BONELESS, NATURAL CUT

AKA/ Species: Lobotes surinamensis
Brand: NETUNO
Form: Frozen, Natural Cut, Skinless, Boneless and Belly Trimmed
Origin: Venezuela
Allergens: Contains Fish
Ingredients: Tripletail
Method of Capture: Hook and Line, Wild Caught
Flavor Graph: Mild **Medium** Full Flavored
Texture Graph: Delicate **Medium** Firm
Suggested Cooking Methods: **Baking Broiling Cevice Flat Top Frying Grilling Sashimi Sautee Soups**
Seasonality: **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**
Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
Thawing Instructions: Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish.
Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.
Pack: Individually Vacuum Packed, 10lb Corrugated Case
Box Dimensions: L 10" x W 20" x H 3.55" **Ti x Hi:** 8x18

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	GTIN Number	UPC Number
102238	4-6oz	10lb	32	10856856006744	856856006747
102239	6-8oz	10lb	23	10857907007468	857907007461
102240	8-10oz	10lb	18	10850025248744	850025248747
102241	10-12oz	10lb	15	10850025248768	850025248761



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Packed in a HACCP certified and BRC approved plant



Nutrition Facts	
Serving size	(113g)
Amount Per Serving	
Calories	130
	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1.3g	7%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 45mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 22g	44%
Vitamin D 10mcg	50%
Calcium 13mg	0%
Iron 0mg	0%
Potassium 376mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.