



COOKED OCTOPUS TENTACLES, CROWN CUT

VACUUM PACKED PORTIONS

Product: **COOKED OCTOPUS TENTACLES, CROWN CUT**
AKA: Vulgaris
Brand: NETUNO
Form: Frozen, Fully Cooked Tentacles
Origin: Mexico
Allergens: Contains Mollusk
Ingredients: Octopus
Method of Capture: Wild Caught
Flavor Graph: Mild **Medium** Full Flavored
Texture Graph: Delicate Medium **Firm**
Suggested Cooking Methods: **Baking Broiling Ceviche Flat Top Frying Grilling Sashimi Sautee Soups**
Seasonality: Jan Feb Mar Apr May Jun Jul **Aug Sep Oct Nov Dec**
Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
Thawing Instructions: Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the product.
Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.
Pack: Vacuum Packed Portions, 10lb Master Case
Box Dimensions: L 11.6" x W 14.6" x H 3.6" **Ti x Hi:** 9x16



NETUNO Item #	Size	Avg. Number of Portions per 10lb Box	Master GTIN	Master UPC
102561	4oz	40	10850054812633	850054812636
102562	6oz	26	10850054812640	850054812643
102563	8oz	20	10850054812657	850054812650

BETTER PLATE COVERAGE & EASIER TO SHARE THAN A SINGLE TENTACLE!

**100% NATURAL & CHEM FREE.
 100% YIELD, READY TO EAT OR FURTHER PREPARE.
 PART OF A FISHERY IMPROVEMENT PROJECT.**

Nutrition Facts

Serving size (113g)

Amount Per Serving

Calories 90

% Daily Value*

Total Fat 1g 2%

Saturated Fat 0.3g 2%

Trans Fat 0g

Cholesterol 50mg 16%

Sodium 0mg 0%

Total Carbohydrate 2g 1%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 17g 34%

Vitamin D 0mcg 0%

Calcium 60mg 4%

Iron 6mg 35%

Potassium 395mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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