



Product:

WARM WATER LOBSTER TAIL MEAT VACUUM PACKED, TAIL MEAT

AKA/ Species: Spiny, Warm Water & Rock Lobster Tails / Panulirus argus

Form: Frozen, Tail Meat

Brand: NETUNO

Origin: Honduras, Venezuela, Jamaica, Brazil & Bahamas

Allergens: Contains Shellfish

Ingredients: Lobster, Bisulfite (Preservative)

Method of Capture: Traps/ Wild Caught

Flavor Graph: Mild Medium **Full Flavored**

Texture Graph: Delicate Medium **Firm**

Suggested Cooking Methods: **Baking Broiling** Ceviche **Flat Top Frying Grilling Papillote** Sashimi **Sautee Soups**

Seasonality: **Jan Feb** Mar Apr **May Jun Jul Aug Sep Oct Nov Dec**

Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months

Thawing Instructions: For quick thawing place under running water while still in plastic bag. As soon as it's thawed remove from bag, cook or store under refrigeration. Important not to leave product soaking in water it will affect texture and flavor.

Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.

Pack: Individually Bagged, 10lb Corrugated Case, Double Strapped

Box Dimensions: L 11.6" x W 14.6" x H 3.6" **Ti x Hi:** 9x15

TRIPOLYPHOSPHATE FREE

NETUNO Item#	Tail Size	Case Size	Avg. Units per Case	Master GTIN	Master UPC
102002	n/a	10lb	n/a	na	n/a



Nutrition Facts

Serving size (113g)

Amount Per Serving
Calories **100**

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 450mg	20%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 19g	38%
Vitamin D 0mcg	0%
Calcium 91mg	8%
Iron 0mg	0%
Potassium 282mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.