



**Product:** **CORVINA FILLET**  
**INDIV. VACUUM PACKED, SKINLESS & BONELESS**

**AKA/ Species:** Weakfish, Seatrout / *Cynoscion virescens*

**Brand:** NETUNO

**Form:** Frozen, Skinless, Boneless & Well Trimmed

**Origin:** Brazil

**Allergens:** Contains Fish

**Ingredients:** Corvina

**Method of Capture:** Hook & Line / Wild Caught

**Flavor Graph:** Mild **Medium** Full Flavored

**Texture Graph:** Delicate **Medium** Firm

**Suggested Cooking Methods:** **Baking Broiling Ceviche Flat Top Frying Grilling Sashimi Sautee Soups**

**Seasonality:** Jan Feb Mar Apr **May Jun Jul Aug Sep Oct Nov Dec**

**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months

**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish.

**Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.

**Pack:** Individually Vacuum Packed, 30lb Corrugated Case

**Box Dimensions:** L 21.35" x W 33.35" H 17.2" **Ti x Hi:** 6x8

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
100946	3/4-1lb	30lb	35	10857428006360	857428006363
100047	1-2lb	30lb	20	10856856006423	856856006426
100535	2-4lb	30lb	10	10854812008450	854812008453



<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>(113g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>120</b>
% Daily Value*	
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 1.2g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 70mg	<b>23%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	
Total Sugars 0g	
Includes 0g Added Sugars	
<b>Protein</b> 20g	<b>40%</b>
Vitamin D 0.7mcg	<b>4%</b>
Calcium 17mg	<b>2%</b>
Iron 0.4mg	<b>2%</b>
Potassium 390mg	<b>8%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.