



Product: **BARRAMUNDI FILLET**
INDIV. VACUUM PACKED, SKIN ON & BONELESS

AKA/ Species: Asian Sea Bass / Lates calcarifer
Form: Frozen, Skin On, Boneless & Well Trimmed
Origin: Vietnam
Allergens: Contains Fish
Ingredients: Barramundi
Method of Capture: Farm Raised
Flavor Graph: **Mild** Medium Full Flavored
Texture Graph: Delicate **Medium** Firm
Suggested Cooking Methods: **Baking Broiling Cevice Flat Top Frying Grilling Papillote Sashimi Sautee Soups**
Seasonality: Jan Feb **Mar Apr May Jun Jul Aug Sep Oct Nov Dec**
Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
Thawing Instructions: Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave fish soaking in water, it will affect the flavor and texture of the fish.
Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.
Pack: Individually Vacuum Packed, 10lb Corrugated Case
Box Dimensions: L 11.4" x W 16.5" H 3.94" **Ti x Hi:** 9x15

FARMED IN HIGH SALINITY WATER, ON A SARDINE DIET FOR CLEAN NATURAL FLAVOR.

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
101923	6-8oz	10lb	23	10854812008658	854812008651
101924	8-10oz	10lb	18	10854812008665	854812008668
101925	10-12oz	10lb	14	10854812008672	854812008675



Packed in a HACCP certified and BRC approved plant.



Nutrition Facts	
Serving size	(113g)
Amount Per Serving	
Calories	130
	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1.3g	7%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 45mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 22g	44%
Vitamin D 10mcg	50%
Calcium 13mg	0%
Iron 0mg	0%
Potassium 376mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.