



**FARMED IN HIGH SALINITY WATER, ON A SARDINE DIET FOR CLEAN NATURAL FLAVOR.**

**Product:** **BARRAMUNDI FILLET RETAIL**  
**INDIV. VACUUM PACKED, 12x12oz SKINLESS & BONELESS**

**AKA/ Species:** Asian Sea Bass / Lates calcarifer  
**Form:** Frozen, Skinless, Boneless & Well Trimmed  
**Origin:** Vietnam  
**Allergens:** Contains Fish  
**Ingredients:** Barramundi  
**Method of Capture:** Farm Raised  
**Flavor Graph:** **Mild** Medium Full Flavored  
**Texture Graph:** Delicate **Medium** Firm  
**Suggested Cooking Methods:** **Baking Broiling Cevice Flat Top Frying Grilling Papillote Sashimi Sautee Soups**  
**Seasonality:** Jan Feb **Mar Apr May Jun Jul Aug Sep Oct Nov Dec**  
**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months  
**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave fish soaking in water, it will affect the flavor and texture of the fish.  
**Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.  
**Pack:** Individually Vacuum Packed, 12x12oz Bag, 9lb Corrugated Case  
**Box Dimensions:** L 11.4" x W 14.6" x H 5.15" **Ti x Hi:** 10x9  
**Bag Dimensions:** L 3.95" x W 7.5" x H 13.2"

NETUNO Item #	Fillet Size	Case Size	No. of Fillets per 12oz Bag	Master GTIN	Master UPC
102300	3-5oz	9lb	3-4	10850000077352	850000077355



THE GLOBAL LANGUAGE OF BUSINESS



<b>Nutrition Facts</b>	
Serving size	(113g)
Amount Per Serving	
<b>Calories</b>	<b>130</b>
	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1.3g	<b>7%</b>
Trans Fat 0g	
<b>Cholesterol</b> 60mg	<b>20%</b>
<b>Sodium</b> 45mg	<b>2%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 22g	<b>44%</b>
Vitamin D 10mcg	<b>50%</b>
Calcium 13mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 376mg	<b>8%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.