



Product: **CORVINA FILLET**
INDIV. VACUUM PACKED, SKINLESS & BONELESS

AKA/ Species: Weakfish, Seatrout / *Cynoscion virescens*
Brand: NETUNO
Form: Frozen, Skinless, Boneless & Well Trimmed
Origin: Brazil
Allergens: Contains Fish
Ingredients: Corvina
Method of Capture: Hook & Line / Wild Caught
Flavor Graph: Mild **Medium** Full Flavored
Texture Graph: Delicate **Medium** Firm
Suggested Cooking Methods: **Baking Broiling Ceviche Flat Top Frying Grilling Sashimi Sautee Soups**
Seasonality: Jan Feb Mar Apr **May Jun Jul Aug Sep Oct Nov Dec**
Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
Thawing Instructions: Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish.
Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.
Pack: Individually Vacuum Packed, 30lb Corrugated Case
Box Dimensions: L 21.35" x W 33.35" H 17.2" **Ti x Hi:** 6x8

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
100946	3/4-1lb	30lb	35	10857428006360	857428006363
100047	1-2lb	30lb	20	10856856006423	856856006426
100535	2-4lb	30lb	10	10854812008450	854812008453



Nutrition Facts	
Serving size	(113g)
Amount Per Serving	
Calories	120
<small>% Daily Value*</small>	
Total Fat 3.5g	4%
Saturated Fat 1.2g	6%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	40%
Vitamin D 0.7mcg	4%
Calcium 17mg	2%
Iron 0.4mg	2%
Potassium 390mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

