



CHEFS UNDERSTAND QUALITY



## PANKO BREADED SNAPPER FILLET

INDIV. QUICK FROZEN, 2x5lb, LIGHT BREADING

**Product:**

**AKA/ Species:**

Crimson Snapper, Opakapaka & King Snapper / *Pristipomoides filamentosus*

**Brand:**

NETUNO

**Form:**

Frozen, Skinless, Boneless, Well Trimmed & Breaded (30%)

**Origin:**

Vietnam

**Allergens:**

Contains Fish, Wheat

**Ingredients:**

Snapper, Wheat Flour, Guar Gum, Disodium Diphosphate, Sodium Hydrogenate Carbonate, Calcium Dihydrogen Phosphate, Salt, Monosodium Glutamate, Acetylated Starch, Distarch Phosphate, Yeast, Sugar.

**Method of Capture:**

Hook & Line / Wild Caught

**Flavor Graph:**

Mild **Medium** Full Flavored

**Texture Graph:**

Delicate **Medium** Firm

**Suggested Cooking Methods:**

Baking Broiling Ceviche Flat Top **Frying** Grilling Papillote Sashimi Sautee Soups

**Seasonality:**

**Jan Feb Mar Apr** May Jun Jul Aug **Sep Oct Nov Dec**

**Storage:**

Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months

**Thawing Instructions:**

DO NOT THAW, Fry From Frozen State.

**Cooking Instructions:**

Deep Fry, 350 Degrees Fahrenheit for 3-5 minutes (Until Golden Brown).

**Pack:**

Individually Quick Frozen, 2x5lb Bag, 10lb Corrugated Case

**Box Dimensions:**

L 10" x W 20" x H 3.55" **Ti x Hi:** 9x16

**HIGH QUALITY & LIGHTLY BREADED**

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
102164	4oz	10lb	40	10850025248041	850025248044
102165	6oz	10lb	27	10850025248058	850025248051



Nutrition Facts	
Serving Size	(113g)
Amount Per Serving	
<b>Calories</b>	<b>137</b>
	%Daily Value*
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 22mg	<b>7%</b>
<b>Sodium</b> 328mg	<b>14%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 14g	<b>28%</b>
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 1mg	6%
Potassium 181mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.