

NETUNO

CHEFS UNDERSTAND QUALITY



HIGH QUALITY & LIGHTLY BREADED

Product: **MAHI PANKO NUGGETS**
INDIV. QUICK FROZEN, 5x2lb BAGS, LIGHT PANKO BREADING

AKA/ Species: Dolphin Fish / Coryphaena hippurus
Brand: NETUNO
Form: Frozen, Skinless, Boneless, Well Trimmed & Lightly Breaded (30%)
Origin: Vietnam
Allergens: Contains Fish, Wheat, Soy & Egg
Ingredients: Mahi, Wheat Flour, Guar Gum, Disodium Diphosphate, Sodium Hydrogenate Carbonate, Calcium Dihydrogen Phosphate, Salt, Monosodium Glutamate, Acetylated Starch, Distarch Phosphate, Yeast, Sugar.
Method of Capture: Hook & Line / Wild Caught
Flavor Graph: Mild **Medium** Full Flavored
Texture Graph: Delicate Medium **Firm**
Suggested Cooking Methods: Baking Broiling Ceviche Flat Top **Frying** Grilling Sashimi Sautee Soups
Seasonality: **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**
Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
Thawing Instructions: DO NOT THAW, Fry From Frozen State.
Cooking Instructions: Deep Fry, 350 degrees Fahrenheit until golden brown, about 3-4 minutes.
Pack: Individually Quick Frozen, 2x5lb Bags, 10lb Corrugated Case
Box Dimensions: L 10 x W 20" H 3.55" **Ti x Hi:** 9x16

NETUNO Item #	Nugget Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
102160	1-2oz	10lb	106	10850025248102	850025248105



American Culinary Federation
The Standard of Excellence for Chefs



THE GLOBAL LANGUAGE OF BUSINESS

Packed in a HACCP certified and BRC approved plant.



Nutrition Facts	
Serving Size	113g
Amount Per Serving	
Calories	162
	%Daily Value*
Total Fat 1g	1%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 24mg	8%
Sodium 610mg	27%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 17g	34%
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 0mg	0%
Potassium 170mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.