



CHEFS UNDERSTAND QUALITY



Product:

WHOLE OCTOPUS

INDIVIDUALLY BAGGED & GUTTED

AKA: Octopus americanus
Brand: NETUNO
Form: Frozen, Whole Gutted
Origin: Mexico
Allergens: Contains Mollusk
Ingredients: Octopus
Method of Capture: Wild Caught
Flavor Graph: Mild **Medium** Full Flavored
Texture Graph: Delicate Medium **Firm**
Suggested Cooking Methods: **Baking** **Broiling** **Ceviche** Flat Top **Frying** **Grilling** **Sashimi** **Sautee** **Soups**
Seasonality: Jan Feb Mar Apr May Jun Jul **Aug Sep Oct Nov Dec**
Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
Thawing Instructions: Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the product.
Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.
Pack: Individually Bagged, 1x33lb Corrugated Case
Box Dimensions: L 14.9" x W 23.35" H 4.75" **Ti x Hi:** 4x14



NETUNO Item #	Case Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
102227	1-2lb	33lb	22	10850636007686	850636007689
102079	2-4lb	33lb	11	10850009840506	850009840509



Nutrition Facts

Serving size (113g)

Amount Per Serving
Calories **90**

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0.3g	2%
Trans Fat 0g	
Cholesterol 50mg	16%
Sodium 0mg	0%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 17g	34%
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 6mg	35%
Potassium 395mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



HIGH QUALITY & CHEM FREE



CHEFS UNDERSTAND QUALITY



Product:

WHOLE OCTOPUS

INDIVIDUALLY BAGGED & GUTTED

AKA:	Octopus vulgaris
Brand:	NETUNO
Form:	Frozen, Whole Gutted
Origin:	Venezuela
Allergens:	Contains Mollusk
Ingredients:	Octopus
Method of Capture:	Wild Caught
Flavor Graph:	Mild Medium Full Flavored
Texture Graph:	Delicate Medium Firm
Suggested Cooking Methods:	Baking Broiling Ceviche Flat Top Frying Grilling Sashimi Sautee Soups
Seasonality:	Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec
Storage:	Keep Frozen at -18C or Colder Shelf Life (frozen): 24 months
Thawing Instructions:	Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the product.
Thawed Storing Tips:	Keep Refrigerated, use within 24 hours for best results.
Pack:	Individually Bagged, 1x33lb Corrugated Case
Box Dimensions:	L 13.8" x W 19.3" x H 6.9" Ti x Hi: 6x10

HIGH QUALITY & CHEM FREE

NETUNO Item #	Case Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
102225	1-2lb	33lb	22	10850025248683	850025248686
102221	2-4lb	33lb	11	10850025248645	850025248648
102222	4-6lb	33lb	7	10850025248652	850025248655
102224	6-8lb	33lb	5	10850025248669	850025248662



Nutrition Facts

Serving size (113g)

Amount Per Serving
Calories **90**

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0.3g **2%**

Trans Fat 0g

Cholesterol 50mg **16%**

Sodium 0mg **0%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

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Vitamin D 0mcg **0%**

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