



CHEFS UNDERSTAND QUALITY



Product:

WHOLE OCTOPUS RETAIL

FROZEN, 2 OCTOPUS PER RETAIL BAG, 10X2LB BAG

AKA: Octopus americanus
Brand: NETUNO
Form: Frozen, Whole Gutted
Origin: Mexico
Allergens: Contains Mollusk
Ingredients: Octopus
Method of Capture: Wild Caught
Flavor Graph: Mild **Medium** Full Flavored
Texture Graph: Delicate Medium **Firm**

PART OF THE YUCATAN OCTOPUS FIP 100% CHEM FREE



Suggested Cooking Methods: Baking Broiling Ceviche Flat Top Frying Grilling Sashimi Sautee Soups

Seasonality: Jan Feb Mar Apr May Jun Jul **Aug Sep Oct Nov Dec**

Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months

Thawing Instructions: Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the product.

Thawed Storing Tips: Keep Refrigerated, use within 24 hours for best results.

Pack: 10 x 2lb Retail Bag, 1x20lb Corrugated Case

Dimensions: **Box:** L 15.2" x W 20.7" x H 6.1" **Ti x Hi:** 6x8

Bag: L 0.8" x W 9.05" x H 14.15"

NETUNO Item #	Octopus Size	Case Size	Bags Per Case	Master GTIN	Master UPC
102247	1-2lb	20lb	10	10850025248812	850025248815



Nutrition Facts

Serving size (113g)

Amount Per Serving
Calories **90**

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0.3g	2%
Trans Fat 0g	
Cholesterol 50mg	16%
Sodium 0mg	0%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 17g	34%
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 6mg	35%
Potassium 395mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

