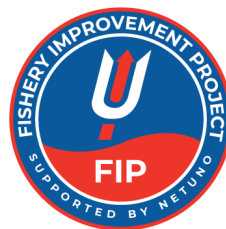




**Product:** **MAHI PORTION**  
**INDIV. VACUUM PACKED, SKINLESS, BONELESS & BLOODLINE OUT**

**AKA/ Species:** Dolphin Fish / Coryphaena hippurus  
**Brand:** NETUNO  
**Form:** Frozen, Skinless & Boneless Cuts  
**Origin:** Indonesia & Vietnam  
**Allergens:** Contains Fish  
**Ingredients:** Mahi  
**Method of Capture:** Hook & Line / Wild Caught  
**Flavor Graph:** Mild **Medium** Full Flavored  
**Texture Graph:** Delicate Medium **Firm**  
**Suggested Cooking Methods:** **Baking Broiling** Ceviche **Flat Top Frying Grilling** Sashimi **Sautee Soups**  
**Seasonality:** **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**  
**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months  
**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect the flavor and texture of the fish.  
**Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.  
**Pack:** Individually Vacuum Paced, 10lb Corrugated Case  
**Box Dimensions:** L 11.6" x W 14.6" H 3.6" **Ti x Hi:** 9x16

NETUNO Item #	Fillet Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
101457	4oz	10lb	40	10856856006874	856856006877
101081	6oz	10lb	27	10856856006881	856856006884
101013	8oz	10lb	20	10856856006898	856856006891
100628	10oz	10lb	16	10857907007741	857907007744



<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>(113g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>100</b>
	<small>% Daily Value*</small>
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0.3g	<b>2%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 85mg	<b>4%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g <b>0%</b>	
Total Sugars 0g	
Includes 0g Added Sugars <b>0%</b>	
<b>Protein</b> 16g	<b>32%</b>
Vitamin D 0mcg	<b>0%</b>
Calcium 7.6mg	<b>0%</b>
Iron 0.3mg	<b>2%</b>
Potassium 461mg	<b>10%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

