

NETUNO

CHEFS UNDERSTAND QUALITY



Product: **COBIA PANKO BITES**
INDIV. QUICK FROZEN, 10X1LB BAG, LIGHT BREADING

AKA/ Species: Rachycentron canadum
Form: Frozen, Skinless, Boneless & Well Trimmed
Origin/ Ocean: Indonesia/ Pacific (Western Central)
Allergens: Contains Fish
Ingredients: Cobia, Wheat Flour, Guar Gum, Disodium Diphosphate, Sodium Hydrogenate Carbonate, Calcium Dihydrogen, Salt, Monosodium Glutamate, Acetylated Starch, Distarch Phosphate, Yeast, Sugar.

Method of Capture: Hook & Line / Wild Caught
Flavor Graph: Mild **Medium** Full Flavored
Texture Graph: Delicate Medium **Firm**

Suggested Cooking Methods: Baking Broiling Ceviche Flat Top **Frying** Grilling Papillote Sashimi Sautee Soups
Seasonality: Jan Feb **Mar Apr May Jun Jul Aug Sep Oct Nov Dec**
Storage: Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months
Thawing Instructions: DO NOT THAW, Fry From Frozen State
Cooking Instructions: Deep Fry, 350 Degrees Fahrenheit until golden brown, about 3-4 minutes.
Pack: Individually Quick Frozen, 10x1lb Bag, 10lb Corrugated Case
Box Dimensions: L 10" x W 20" H 3.55" **Ti x Hi:** 9x16

NETUNO Item #	Cube Size	Case Size	Avg. Units Per Boz	Master GTIN	Master UPC
102245	.4-.5oz	10lb	19	10850025248836	850025248839

Nutrition Facts	
Serving size	(113g)
Amount Per Serving	
Calories	120
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 200mg	9%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 19g	38%
Vitamin D 4mcg	20%
Calcium 128mg	10%
Iron 2mg	10%
Potassium 419mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



PART OF A FISHERY IMPROVEMENT PROJECT.

