



CHEFS UNDERSTAND QUALITY



**PREMIUM QUALITY, FULLY PROCESSED AND SUPER FROZEN 2 HOURS FROM BEING HARVESTED. CERTIFIED SUSTAINABLE.**

**Product:**

## WHOLE BRANZINO

**INDIV. BAGGED, GILLED, GUTTED & SCALED**

**AKA/ Species:** Branzini, Mediterranean Sea Bass/*Dicentrarchus labrax*

**Form:** Frozen Whole, Gilled, Guttred and Scaled

**Origin:** Turkey

**Allergens:** Contains Fish

**Ingredients:** Sea Bass

**Method of Capture:** Farm Raised

**Processed:** Frozen Whole, Gilled, Guttred, Scaled and Flash Frozen at Source

**Flavor Graph:** Mild **Medium** Full Flavored

**Texture Graph:** Delicate **Medium** Firm

**Suggested Cooking Methods:** **Baking Broiling Ceviche Flat Top Frying Grilling Papillote Sashimi Sautee Soups**

**Seasonality:** **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**

**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months

**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave soaking in water, it will affect flavor and texture of fish.

**Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.

**Pack:** Individually Bagged, 10lb Corrugated Case

**Box Dimensions:** L 12" x W 15" x H 3.95" **Ti x Hi:** 10x10

NETUNO Item #	Fish Size	Case Size	Avg. Units Per Case	Master GTIN	Master UPC
101840	3/4-1lb	10lb	12	10857907007048	857907007041
101841	1-1.5lb	10lb	8	10857907007055	857907007058
102223	1.5-2lb	10lb	6	10857428006940	857428006943



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## Nutrition Facts

**Serving size** (113g)

**Amount Per Serving**  
**Calories** **160**

% Daily Value\*

**Total Fat** 7g **9%**

Saturated Fat 2g **10%**

Trans Fat 0g

**Cholesterol** 45mg **16%**

**Sodium** 480mg **21%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 23g **46%**

Vitamin D 12.8mcg **60%**

Calcium 13mg **0%**

Iron 0.18mg **0%**

Potassium 188mg **4%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.